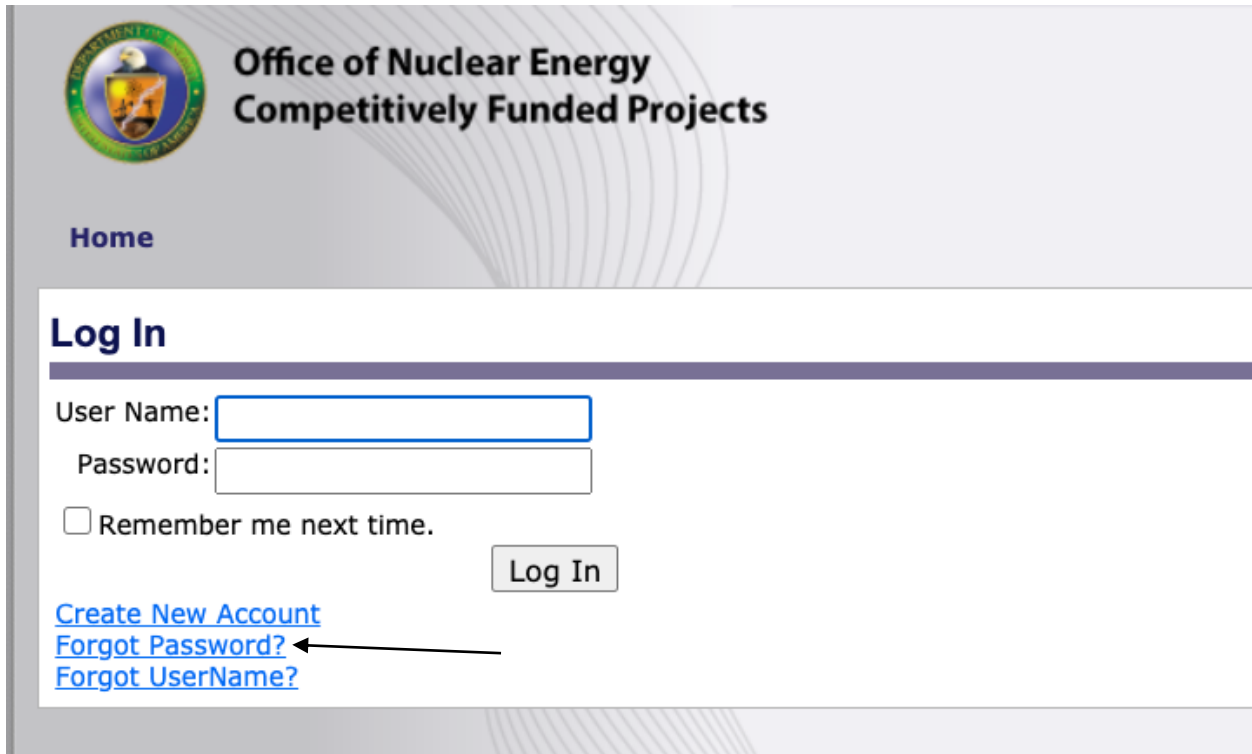



## Resetting Passwords on NEUP.gov

1. Visit [proposals.inl.gov](http://proposals.inl.gov)
2. Click the 'Forgot Password' button.



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### Log In

User Name:

Password:

Remember me next time.

[Create New Account](#)  
[Forgot Password?](#) ←  
[Forgot UserName?](#)

3. Enter your user name

## Forgot Your Password?

Instructions: Enter the User Name you would like to reset the password for.

**User Name:**

4. Answer the security question.

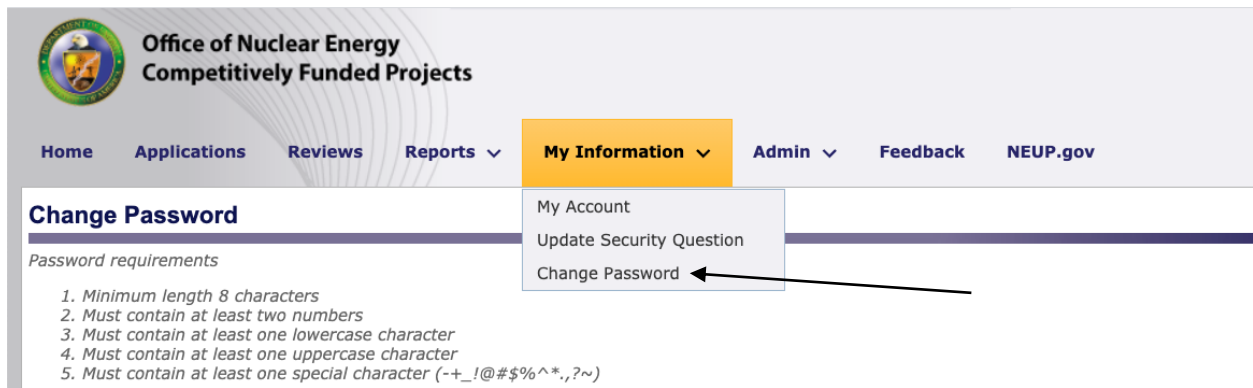
## Forgot Your Password?

Answer the following security question to confirm your identity and have a new temporary password emailed to you.

Question: Favorite color

Submit

5. You will be sent an e-mail titled "Proposal Password Recovery OUO". This may be in your spam e-mail box.
6. Log-in using the new password provided at [proposals.inl.gov](http://proposals.inl.gov).
7. Once logged in, go to the "My Information" tab and click on "Change Password".
8. Follow the instructions on the page to change your password.



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### Change Password

Password requirements

1. Minimum length 8 characters
2. Must contain at least two numbers
3. Must contain at least one lowercase character
4. Must contain at least one uppercase character
5. Must contain at least one special character (-+!@#\$\$%^\*.,?~)

My Account  
Update Security Question  
Change Password ←

9. If you have any issues, please reach out to [neup@inl.gov](mailto:neup@inl.gov) for assistance.